



## Issaquah High Teacher Profile

### **Mr. Jordan Frost (Mr. Frost)**

Issaquah High ASB/Activities Director



#### **What is your education background?**

I graduated with my Bachelors in history and my Masters in Teaching from Washington State University (Go Cougs!)

#### **Did you grow up around Issaquah? If not, where did you grow up and did that help shape the person you are today?**

I grew up on the East Hill of Kent! Graduated from Kent-Meridian High School, which at the time was the most diverse school in the state. The East Hill was a poorer part of Kent, and when I look back, I can see so many lessons that I gained from growing up there. I learned how to be a strong self-advocate, and how to speak up for others. Kids in my community had to learn how to be independent really early, and it's made navigating challenges and problem solving much easier as an adult. I also learned that everyone has a story that is valuable, and we should always seek to understand each other more.

#### **What was your job/career before coming to teach at Issaquah? If you had a prior job/career, how did that job/career make you become a better teacher?**

When I was in college! I had a lot of experience in leadership, including service as Student Body President and being appointed by Governor Inslee to the Board of Regents. My experience at WSU has improved my presentation skills, relational skills, and specifically the ability to take complex topics (state budgets, academic regulations, etc.,) and present them to the general public. It's also been great to inform my lessons with real life examples from my time at WSU!

#### **How many years have you been teaching at Issaquah?**

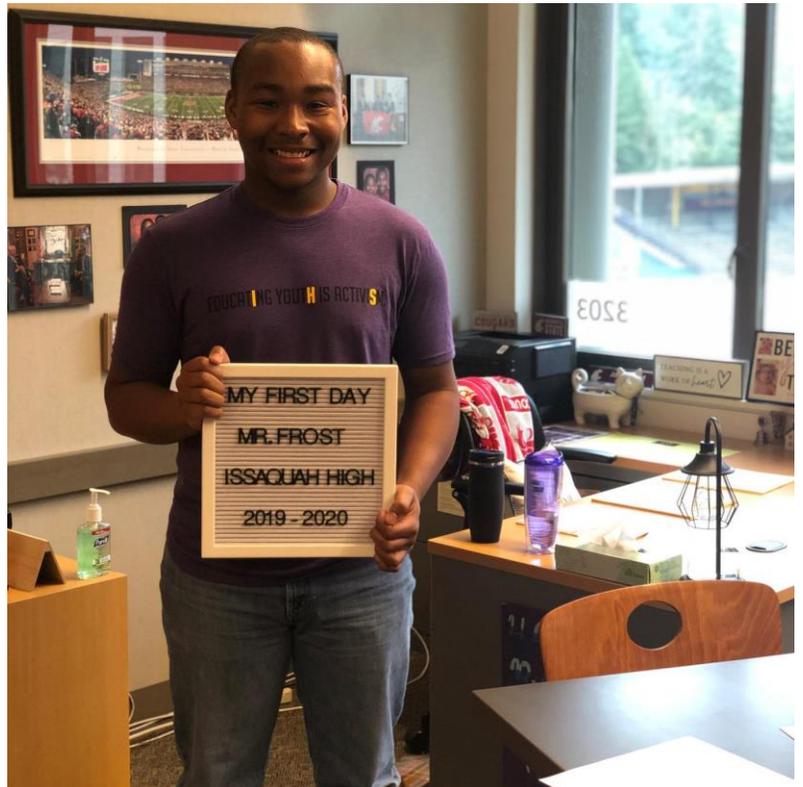
This will be my 2<sup>nd</sup> Year at IHS, and it already feels my forever home 😊

**What classes at Issaquah do you teach, and why do you love teaching that subject?**

In addition to my ASB/Activities duties, I also teach Leadership 101, ASB Leadership, and Guided Studies.

**Any favorite teaching memories?**

YES! Last year, right before the closure in March the kids learned that we teachers would have to report back to work the next day. So, my kids staged a huge protest with signs saying "Let Frost Go" and "FreeFrost". They completed covered the whole 3200 hallway with posters and petitions, I'll never forget it!



**Are you a club mentor or sport coach and if so, what are the best parts of being a mentor/coach for that club/sport? Any memorable experiences you would like to share?**

Last year I co-advised Junior Statesmen America, and Mock Trial! This year as Activities Director I get to oversee all of our clubs and advisors and it gives me a great opportunity to see the impact of clubs and extracurriculars on a daily basis. It's so great to see kids shining in their clubs and sports and watching them grow within those activities. A kid who is super quiet in class, can totally blossom in a club or sport, which in the end actually supports their growth and development in the classroom also!

**Is (was) volunteering part of your life? If so, tell us about your volunteering experiences and what you love about them?**

In college I did lots of volunteering and would love to get back into it! I am really passionate about sexual violence prevention, mental health awareness, and supporting youth.

**What do you like to do outside of school? Please elaborate.**

I spend a lot of time (too much) trying to find the newest, best restaurants in the area. I really enjoy hiking and exploring all of the natural beauty Washington has to offer. And just like most people my age I spend time on Hulu and Netflix, except I can never stick to a series, so I just jump around shows.

**Is there anything else special about you that you would like to share?**

My door is open (well once COVID is over it will be, for now shoot me an email) if you have any questions about clubs, activities, or IHS in general. I am so excited for a new year 😊

